

# Capsule Capacities, Weights and Dimensions

Size	OOEL	OO	OEL	O	1	2
Capsule Weight mg	130	118	110	96	76	61
Capsule Volume ml	1.02	0.91	0.78	0.68	0.50	0.37
Capacity at 0.6g/ml	612	546	468	408	300	222
Capacity at 0.8g/ml	816	728	624	544	400	296
Capacity at 1.0g/ml	1020	910	780	680	500	370
Capacity at 1.2g/ml	1224	1092	936	816	600	444
External Length mm	25.3	23.3	24.2	21.7	19.4	18.0
External Diameter mm	8.53	8.53	7.66	7.64	6.91	6.35



**Vegetarian +**  
**Sustainable +**  
**Organic +**

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